



Supporting the Companions

#3 (Summer Solstice - June 20)

That home is a vibration, that our existence is accountable to multiple generations, that we must move in the rhythm of memory as we encounter new possibilities.

- Alexis Pauline Gumbs, Tell the Others

Light one of your marigold candles - this begins our collective spell. Consider how your growing marigolds are offering support to plants growing nearby (as well as to you!). Spend time across the summer watching your marigolds grow.

While they offer incredible support to others, marigolds also need some support for themselves. They need space to thrive -- as the plants develop, make sure they're not overcrowded. They prefer moist but not waterlogged soil -- be careful to find the right balance when watering.

As the marigolds bloom offer them some care by deadheading any spent flowers to help stimulate the production of new buds and blooms. Make sure to leave some to fade for seed-saving later in the fall.

Marigold's bright, beautiful flowers can attract bees and butterflies, which help enhance pollination and thus boost garden productivity. Spend some quiet time watching them interact with these welcome pollinators.

Don't forget to take time to smell the flowers!

Read the full text by Alexis Pauline Gumbs:

<https://seedsaremeanttodisperse.ca/supporting-the-companions/>